



## 台灣專科護理師學會

### 台灣專科護理師核心能力與指標 2020

#### Competence of Nurse Practitioners in Taiwan

核心能力 面向	核心能力指標內涵	Core Competency
提供臨床健康照護 Providing Clinical health care	1. 依據專科護理師相關之法規及政策執行健康照護業務。	Provide healthcare services following the guidelines and regulations of the Nurse Practitioner profession.
	2. 針對個案的健康問題進行病史訪談、健康評估、區辨診斷、疾病治療計畫、監測治療結果、並管理急性或慢性個案的健康問題。	With a focus on client's health problems, NPs should implement history taking, physical assessment, differential diagnosis, disease treatment plan, and monitor care outcomes. Additionally, NPs should manage acute or chronic health problems of clients.
	3. 依據實證資料提供個案優質與安全的健康照護。	Provide excellent and safe care based on evidence-based practice.
	4. 確實記錄個案的個別需求及健康照護過程。	Creating documentation of a client's needs and health care process.
	5. 提供個案全方位健康照護服務，包括健康促進、疾病預防、減輕痛苦、指導和諮詢、疾病管理，維護和恢復健康。	Provide patient-focused care services, including health promotion, disease prevention, reducing suffering, teaching and consultation, managing diseases, maintaining and recovering health.
	6. 運用證據為導向的臨床推理方式，向個案解釋檢驗、診斷及病情，以減輕個案的疑慮。	Utilize evidence in clinical reasoning when explaining to patients their laboratory results, diagnosis and disease condition in order to reduce anxiety and confusion.

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	7. 個案問題超逾專科理師的執業範疇、領域、經驗或能力時，能及時諮詢授權之醫師或其他醫療人員。	When a client's medical problems are beyond the scope of practice of the NP, the NP must seek advice from a licensed medical professional or doctor in a timely manner.
	8. 運用實證數據評估個案治療計畫成效並給予回饋。	Use clinical evidence to measure the progress of a client's treatment outcome and to give clients feedback about their condition.
	9. 為個案規劃及執行以實證為基礎的健康促進和疾病預防措施。	Plan and implement evidence based health promotion and disease prevention measures for clients.
	10. 對法律倫理道德困境有明確的識別力，並在必要時採取適當的行動（如與他人協商或尋求法律途徑）。	Be familiar with laws and ethics and have the ability to intervene when necessary (via negotiation or through a legal representative).
2. 教育 education	1. 正確評估個案、社區和健康照護團隊之學習需求及優先順序，進而提供健康照護教育。	Accurately evaluate each client, community and health care team's learning needs and priorities to provide relevant healthcare education.
	2. 利用適宜的學習理論，制定教育計劃並選擇適當的教學方法進行個案之教育和評估。	Utilize appropriate learning theories, create education plans, select proper teaching methods that is best for the client and implement education and evaluation.
	3. 尋求教育機會，並積極參與專科護理師的專業發展。	Seek opportunities for learning and actively participate in professional development of NP.
	4. 倡導並落實終身學習，以精進專業知能。	Advocate and carry out life-long learning to upgrade professional

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		knowledge and skills
3.團隊合作 Collaboration	1. 與醫療團隊維持有效的溝通和良好的合作關係	Maintain effective communication and collaboration with multidisciplinary teams.
	2. 與醫療團隊協商，建立共識並合作達成共同照護之目標，改善健康照護效能及品質。	Collaborate with medical teams to achieve a common health care mission and goal in order to improve quality of care.
	3. 透過支持、指導、教育等措施，與同事、學生及其他專業團隊，建立團隊合作機制，增進個案之健康照護成效。	Through giving support, guidance and education, create a sound working relationship with colleagues, students and other medical professionals in order to enhance the quality of care.
4.照護品質 維護/研究 Care quality/ Research	1. 整合現有最佳實證資料、臨床經驗、個案之偏好，以持續提高臨床照護品質。	Consolidate current best evidenced-based practice, clinical experience, and client's preferences in order to continue to enhance quality of care in the clinical setting.
	2. 收集專科護理師照護結果之相關資料，以評值照護成效。	Collect information regarding NP care outcomes for evaluating effectiveness of NP practice.
	3. 以批判性思考分析、評估和改善個案健康照護品質。	Use critical thinking to evaluate and improve the quality of care for clients.
	4. 運用科學的研究方法，進行專科護理師健康照護相關之研究，包括資料收集、分析、結果與討論。	Use scientific methods to implement NP practice related researches through the process of data collection, analysis, results and discussion.

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	5. 分析導致不良事件發生的風險與各種可能的原因，並製定相關措施以降低失誤並避免未來類似事件再發生。	Analyze what contributes to unsafe situations and the different factors that can mitigate risk and reduce the chance of similar situations from occurring.
	6. 運用同儕審查制度中提供的回饋，以促進照護成效並激勵自我成長。	Apply peer review processes to provide feedback with the aim of enhancing care quality and motivate self-growth
5. 領導/專業 成長 Leadership/ Professional development	1. 專科護理師執行健康照護時能清楚地向個案說明其角色與職責。	When delivering health care to clients, NPs must be able to explain clearly what their role and responsibilities are to the client.
	2. 向雇主、社會、民眾、立法者、和政策制定者推廣專科護理師在健康照護服務的成效。	Promote the effectiveness of NP health care to employers, society, general people, lawmakers and policy makers.
	3. 有能力承擔領導者的多元角色。	Be able to bear the responsibility of a leadership role.
	4. 透過領導者的影響力促進個案、社區、醫療團隊和政策制定者之合作，以改善健康照護品質。	Promote partnerships with clients, communities, medical professionals and lawmakers through leadership in order to enhance quality of care.
	5. 能夠展現具有批判性思維的創新領導力。	Demonstrate superior critical thinking and creativity for leadership.
	6. 利用溝通、談判及問題解決的技能處理衝突。	Utilize communication, negotiation and problem solving skills to resolve conflicts.

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	7. 清楚醫療保健的質量和成本效益，對改善健康照護品質的重要性。	Clearly understand the relationship between cost and healthcare quality and its impact on quality of care.
	8. 透過不斷的學習與創新的智能，強化專科護理師的實務能力。	Improve practice competence through continual learning and creative intellectualization.
	9. 積極參與並引領專科護理師的專業組織，開發各種活動，促進組織的持續成長。	Actively participate in, and lead NP professional organization, create variety of activities or events to facilitate the continued growth of the NP association.